

Aging Services



In this Section You Will Find Information on:

- **Area Agencies on Aging**
- **Senior Centers/Nutrition Sites**
- **The Senior Community Service Employment Program (SCSEP)**
- **Foster Grandparents Program**
- **Additional Aging Services and Resources**

For additional information on:

Utility assistance and discounts for older adults, see the Short Term Crisis and Utility Service section, beginning on page 84.



Arizona Community Action Association
Advocating, Educating and Partnering to Prevent and Alleviate Poverty

Area Agencies on Aging

Program Description

Area Agencies on Aging are organizations which coordinate and offer a variety of services for adults aged 60 and over, adults with disabilities, and those who care for older adults. The focus of these services is to help older adults remain living independently in their own homes.

Services and programs vary by agency but most Area Agencies on Aging provide:

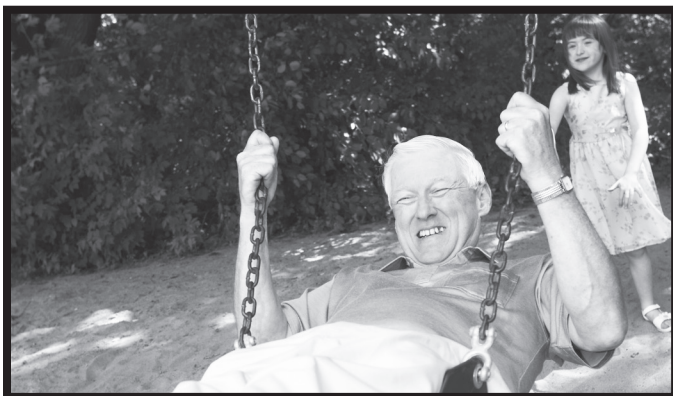
- **Information and Referral Help**
 - Special senior telephone help lines
 - Health insurance counseling
 - Caregiver support
 - Case management
 - Retirement planning
- **Community Based Services**
 - Meals served at nutrition sites and senior centers
 - Volunteer matching
 - Employment help
 - Recreation at senior centers
 - Grandparents raising Grandchildren support
 - Transportation Assistance
- **In-Home Services**
 - Home delivered meals
 - Homemaker assistance
 - Telephone reassurance
 - Home health services
 - Respite care
- **Housing Services**
 - Referrals to special senior housing
 - Help with minor home repairs
- **Protecting Older Adult Rights**
 - Legal assistance
 - Elder abuse prevention
 - Ombudsman Assistance for long-term care patients

Eligibility Information

Persons interested in services must be 60 years or older (or must have a spouse 60 years or older), be an adult with disabilities or be a caregiver for persons aged 60 or over.

Where to Apply

The **Area Agency on Aging** office in your County, listed below:



Maricopa County

Area Agency on Aging, Region One

1366 E Thomas Rd, #108
Phoenix, AZ 85014
602-264-2555 - 24 hour hotline
1-888-783-7500
www.aaaphx.org

Pima County

Pima Council on Aging, Region Two

8467 E Broadway
Tucson, AZ 85710
520-790-7262 (HELP Line)
520-546-2011 (Medicare Info Line)
www.pcoa.org

Apache, Navajo, Coconino and Yavapai Counties

Area Agency on Aging, Region Three

119 E Aspen Ave
Flagstaff, AZ 86001
928-774-1895
www.nacog.org

Yuma, Mohave and La Paz Counties

Area Agency on Aging, Region Four

Yuma County
224 S Third Ave
Yuma, AZ 85364
800-782-1886

Mohave County

208 N 4th St
Kingman, AZ 86401
928-753-6247

Pinal and Gila Counties

Pinal-Gila Council for Senior Citizens, Region Five

8969 W McCartney Rd
Casa Grande, AZ 85194
520-836-2758
1-800-293-9393
www.pgcs.org



**Graham, Greenlee,
Cochise, Santa Cruz
Counties**

**Area Agency on Aging,
Region Six**

118 Arizona St.
Bisbee, AZ 85603
520-432-5301
www.seago.org

Navajo Nation

**Area Agency on Aging,
Region Seven**

Window Rock Blvd, Admin #2
P.O. Box 1390
Window Rock, AZ 86515
928-871-6868
www.naaa.navajo.org

**Inter Tribal Council of 20
Tribes**

**Area Agency on Aging,
Region Eight**

2214 N Central Ave, Suite 100
Phoenix, AZ 85004
602-258-4822
www.itcaonline.com

**To locate Area Agency on
Aging Programs
in other states, call
1-800-677-1116**

Senior Centers and Nutrition Sites

Program Description

Throughout Arizona, Senior Centers provide nutritious meals for older adults in addition to many other services and activities.

**Call the Senior Center
nearest you to find out
what services they offer.**

Apache County

Round Valley Senior Center

356 S Papago St
Springerville, AZ 85938
928-333-2516

St. Johns Senior Center

75 W Cleveland St
St. Johns, AZ 85936
928-337-2144

Cochise County

Benson Senior Center

705 W Union St
Benson, AZ 85602
520-586-9775

Bisbee Senior Center

300 Collins Rd
Bisbee, AZ 85603
520-432-2167

Ethel Berger Center

2950 E Tacoma St
Sierra Vista, AZ 85635
520-417-6988

Huachuca City Senior Center

504 N Gonzales Blvd
Huachuca City, AZ 85616
520-456-3059

**Sunsites Senior/Community
Center**

1270 Treasure Rd
Sunsites, AZ 85625
520-826-4003

Tombstone Senior Center

513 E Toughnut
Tombstone, AZ 85638
520-457-3921

Coconino County

**Adult Community Center of
Sedona**

2615 Melody Ln
Sedona, AZ 86336
928-282-2834
www.accsedona.org

Bill Williams Senior Center

850 W Grant
Williams, AZ 86046
928-635-2628

**Coconino County Community
Center**

2625 N King
Flagstaff, AZ 86004
928-522-7979

Flagstaff Senior Center

245 N. Thorpe
Flagstaff, AZ 86001
928-774-1068

**Fredonia Senior Citizen's
Center**

80 N 100 West
Fredonia, AZ 86022
928-643-7278

Page Senior Center

699 S Navajo
Page, AZ 86040
928-645-2600

Gila County

Globe Senior Center

150 N Pine St
Globe, AZ 85501
928-425-9030

Hayden Senior Center

520 Velasco Ave
Hayden, AZ 85135
520-356-7035

Miami Senior Center

500 Sullivan St
Miami, AZ 85539
928-473-4190

Payson Senior Center

514 W Main St
Payson, AZ 85541
928-474-4876

Pine Senior Center

Hwy 87 & Randall Pl
Pine, AZ 85544
928-476-2151

**Graham/Greenlee
Counties**

Clifton Senior Center

104 Fourth St
Clifton, AZ 85533
928-865-5240

Duncan Senior Center

235 High St
Duncan, AZ 85534
928-428-5891
928-428-4328 (Nutrition)

Safford Senior Center

822 W Main St
Safford, AZ 85546
928-359-9440

La Paz County

Parker Senior Center

1115 W 12th St
Parker, AZ 85344
928-669-9514

Maricopa County

Adam Diaz Senior Center

4115 W Thomas Rd
Phoenix, AZ 85019
(602) 262-1609

Avondale Senior Center

1007 S 3rd St
Avondale, AZ 85323
(602) 478-3060

Buckeye Senior Center

201 E Centre Ave
Buckeye, AZ 85326
(623) 386-4862

Cahill Senior Center

715 W 5th St
Tempe, AZ 85281
480-858-2422

Cashion Senior Center

10857 W Pima
Cashion, AZ 85329
623-333-2423

Chandler Senior Center

202 E Boston St
Chandler, AZ 85225
480-782-2720

Chez Nous Center

14495 R.H. Johnson Blvd
Sun City West, AZ 85375
623-584-0040

Chicanos Por La Causa

1617 N 45th Ave
Phoenix, AZ 85035
602-272-0054

Chinese Senior Center

734 W Elm St
Phoenix, AZ 85013
(602) 262-6411

Deer Valley Senior Services

2001 W Wahalla Ln
Phoenix, AZ 85027
602-495-3735

**Desert West Community
Center**

6501 W Virginia Ave
Phoenix, AZ 85035
(602) 495-3709

Devonshire Senior Center

2802 E. Devonshire.
Phoenix, AZ 85016
602-262-7807

El Mirage Senior Center

14010 N El Mirage Rd
El Mirage, AZ 85335
(623) 937-0500

Escalante Senior Center

2150 E Orange
Tempe, AZ 85281
(480) 350-5870

Fountain Hills Senior Center

13001 N La Montana Blvd
Fountain Hills, AZ 85268
(480) 816-5226

Gila Bend Senior Center

202 N Euclid
Gila Bend, AZ 85337
(928) 683-2244

Gilbert Senior Center

130 Oak St
Gilbert, AZ 85233
(480) 503-6060

Glendale Adult Center-YWCA

5970 W Brown
Glendale, Az 85302
623-930-4321

Goelet Beuf Community Center

3435 W Pinnacle Peak Rd.
Phoenix, Az 85027
602-534-9743

Granite Reef Senior Center

1700 N Granite Reef Rd.
Scottsdale, Az 85257
480-312-1700

Guadalupe Senior Center

9401 S Avenida Del Yaqui
Guadalupe, Az 85283
480-505-5393

JCSF Senior Enrichment Center

1118 W Glendale Ave.
Phoenix, Az 85021
602-943-2198

Jewish Community Center

1805 W Montebello
Phoenix, Az 85015
602-242-1999

Manzanita Senior Center

3581 W Northern Ave
Phoenix, Az 85051
602-262-4949

Marcos De Niza Senior Center

305 W Pima Rd
Phoenix, Az 85003
602-262-7249

McDowell Place Senior Center

1845 E McDowell
Phoenix, Az 85006
602-262-1842

Mesa Senior Center

247 N MacDonald
Mesa, Az 85201
480-962-5612

Mesa Senior Center East

7550 E Adobe Rd
Mesa, Az 85207
480-218-2221

New River Senior Center

48606 N 17th Ave.
New River, Az 85087
623-465-0367

Olive Branch Senior Center

11250 N 107th Ave
Sun City, Az 85351
623-974-6797

Paradise Valley Community Center

17402 N 40th St
Phoenix, Az 85032
602-495-3777

Pecos Senior Center

17010 S 48th St
Phoenix, Az 85048
602-534-5366

Peoria Senior Center

8335 W Jefferson
Peoria, Az 85345
(623) 979-3911

Pyle Adult Recreation Center

655 E. Southern Ave
Tempe, Az 85283
(480) 350-5211

Saguaro Senior Center

21802 W Wilson
Wittman, Az 85361
623-388-2683

Salvation Army Senior Center

613 N 4th Ave
Phoenix, Az 85003
(602) 251-2005

Santa Rosa Senior Center

1901 W Ocotillo Rd
Phoenix, Az 85015
(602) 242-2258

Senior Opportunities West

1220 S 7th Ave
Phoenix, Az 85007
(602) 262-6610

Senior Services East

1818 S 16th St
Phoenix, Az 85034
(602) 262-6610

Shadow Mountain Senior Center

3546 E. Sweetwater Ave
Phoenix, Az 85032
(602) 534-2303

South Mountain Community Center

212 E Alta Vista Rd
Phoenix, Az 85040
(602) 262-4874

Sunnyslope Senior Center

802 E Vogel Ave
Phoenix, Az 85020
(602) 262-7572

Surprise Community Initiatives

15832 N Hollyhock
Surprise, Az 85374
(623) 583-0653

Tempe North Senior Center

15550 N Bridal Wreath
Tempe, Az 85281
(480) 858-6510

Tolleson Senior Center

9555 W Van Buren
Tolleson, Az 85353
(623) 936-2753

Via Linda Senior Center

10440 E Via Linda
Scottsdale, Az 85258
480-312-5810

Wise Owl Senior Center

255 N Washington St
Wickenburg, Az 85390
(928) 684-7894

YWCA Valley West Center

8561 N 61st Ave
Glendale, Az 85302
(623) 931-7436

Mohave County**Golden Shores Senior Center**

13136 Golden Shores
Parkway
Topock, Az 86406
928-768-2421

Kingman Senior Center

1776-1/2 Airway Ave
Kingman, Az 85401
928-757-8150

Lake Havasu Senior Center

450 S Acoma Blvd
Lake Havasu City, Az 85406
928-453-0715

Bullhead City Nutrition Center

2275 Trane Rd
Bullhead City, Az 85442
928-758-0718

Navajo County**Holbrook Senior Center**

216 N Joy Nevin Ave
Holbrook, Az 85025
928-524-6044

Rim Country Senior Center

2171 B Street
Overgaard, Az 85933
(928) 535-5525

Silver Creek Senior Center

1658 S Main St
Snowflake, Az 85937
928-536-2222

Winslow Senior Center

212 E Second St
Winslow, Az 86047
928-289-3341

Pima County**Ajo Community Center**

290 E 5th St
Ajo, Az 85321
520-387-6641

Archer Center

1665 S La Cholla Blvd
Tucson, Az 85713
520-791-4355

Armory Park Senior Center

220 S Fifth Ave
Tucson, Az 85701
520-791-4070

Casa Community Center

780 S. Park Centre Ave.
Green Valley, Az 85614
(602)399-2136

Eastside Senior Center

7901 E. Scarlett St.
Tucson, Az 85710
(520) 296-4816

El Pueblo Neighborhood Center

101 W Irvington Rd
Bldg 6
Tucson, Az 85714
520-889-0928

El Rio Neighborhood Center

1390 W Speedway Blvd
Tucson, Az 85745
520-791-4683

Green Valley Eastside Senior Center

7901 E Scarlett St
Tucson, Az 85710
520-296-4816

Jacobs YMCA

1010 W Lind St
Tucson, Az 85705
520-888-7716

Marana Community Center

13250 N Lon Adams Rd
Marana, Az 85653
520-382-3485

Northwest Neighborhood Center

2160 N Sixth Ave
Tucson, Az 85705
520-791-3249

Quincie Douglas Senior Center

1575 E 36th St
Tucson, Az 85713
520-791-2507

Richey Senior Center

1001 N Richey Blvd
Tucson, Az 85716
520-795-9671

Robles Junction Community Cnt.
16150 W. Ajo Way
Tucson, Az 85735
(520) 578-3063

Pinal County

Apache Junction Active Adult Center
1035 N Idaho Rd,
Apache Junction, AZ 85119
480-474-5260

Coolidge Senior Center
250 S Third St
Coolidge, AZ 85228
520-723-4803

Dorothy Nolan Senior Center
330 N. Pinal St.
Florence, Az 85232
(520) 868-7622

Dorothy Powell Senior Center
405 E 6th St
Casa Grande, AZ 85222
520-421-8760

Kearny Senior Center
912 E. Tilbury Dr.
Constitution Hall
Kearny, Az 85237
(520) 363-5547

Oracle Senior Center
American Ave.
Oracle, Az 85623
(520) 896-9326

San Manuel Senior Center
210 Avenue A
San Manuel, Az 85631
520-385-2475

Superior Senior Center
360 Main St
Superior, AZ 85173
520-689-5182

Toltec/Eloy Adult Center
3650 W Shedd Rd
Eloy, AZ 85231
520-466-3166

Santa Cruz County

Nogales Senior Center
125 Madison St
Nogales, AZ 85621
520-287-7422

Patagonia Senior Center
100 Quiroga Dr.
Patagonia, Az 85624
(520) 394-2494

Rio Rico Senior Center
391 Coatimundi Ave.
Rio Rico, Az 85648
(520) 281-7880

Tubac Community Center
Tubac, Az 85640
(520) 398-1800

Yavapai County

Adult Community Center of Sedona
2615 Melody Ln
Sedona, AZ 86336
928-282-2834

Beaver Creek Adult Center
4250 E Zuni Way
Lake Montezuma, AZ
85342
928-567-4556

Black Canyon City Nutrition Project
St. Phillip Catholic Church
34621 S. Old Black Canyon Hwy.
Black Canyon City, AZ
85324
(623) 374-9246

Central AZ Senior Association Prescott Valley Nutrition Project
9360 E Manzanita Cr
Prescott Valley, AZ 86314
928-772-3337

Chino Valley Senior Center
1021 W Butterfield Rd
Chino Valley, Az 86323
(928) 636-9114

Pinetop/Lakeside Senior Center
1594 Johnson Dr
Lakeside, AZ 85929
928-368-5869

Mayer Nutrition Project
10051 S Miami St
Mayer, Az 86333
(928) 632-7511

Prescott Meals on Wheels
1280 E Rosser St
Prescott, AZ 86301
928-445-7630

Verde Valley Senior Center
500 E Cherry St
Cottonwood, AZ 85326
928-634-5450

Yarnell Senior Center
22302 Broadway
Yarnell, AZ 85362
928-427-6347

Yuma County

Somerton Senior Nutrition Program
239 W Canal St
Somerton, AZ 85350
928-627-9878

Yuma Senior Nutrition Program
160 E 1st St
Yuma, AZ 85364
928-782-4489

Indian Reservations

Ak-Chin Community Center
48203 Farrell Rd
Maricopa, AZ 85239
520-568-2221

Camp Verde Yavapai Apache Clarkdale Community Center
321 Bonnahe Ave
Clarkdale, AZ 86324
928-634-8549

Colorado River Indian Tribes Mo-Chem-Ho-Na Senior Center
21074 Mohave Rd
Parker, AZ 85344
928-662-4283

Fort McDowell Indian Community Senior Citizen Center
18751 E Bon Hon Na St
Fort McDowell, AZ 85264
480-837-2611

Gila River Indian Community Locations:
-Blackwater
-Sacaton Flats
-Sacaton
-Stotonic
-Bapchule
-St. Johns
-Maricopa Colony
520-562-3588

Hualapai Elderly Center
510 Canyon View Drive
Peach Springs, AZ 86434
928-769-2375

Kaibab Paiute Senior Nutrition Program
1 N Pipe Spring Rd
Fredonia, AZ 86022
928-643-7245

Pascua Yaqui Tribe Liogue Senior Center
7601 S Camino Benem
Tucson, AZ 85757
520-879-5530

Salt River Indian Community Senior Service Center
10005 E Osborn
Scottsdale, AZ 85256
480-850-8427

San Carlos Older Adult Center
Hwy 170
San Carlos, AZ 85550
928-475-2318

Tohono O'Odham Locations:
-Sells
-South Komelik
-Schuck Toak
-San Xavier
-Santa Rosa
-Chui Chu
White Mountain Apache
520-383-6075
Locations:
-East Fork
-Canyon Day
-Cedar Creek
-Carrizo
-Cibequé
928-338-4346

Navajo Nation

There are 81 Senior Centers throughout the Navajo Nation. Call the **Navajo Area Agency on Aging** nearest you for information on your local Senior Center.

Chinle Agency Navajo Area Agency on Aging
Rt 7
Chinle, AZ 86503
928-674-2092

Crownpoint Agency Navajo Area Agency on Aging
Crownpoint, NM 87313
505-786-2042

Fort Defiance Agency Navajo Area Agency on Aging
Fort Defiance, AZ 86504
928-729-4019

Shiprock Agency Navajo Area Agency on Aging
Shiprock, NM 87420
505-368-1250

Tuba City Agency Navajo Area Agency on Aging
P.O. Box 1650
Tuba City, AZ 86045
928-283-3350

Senior Community Service Employment Program (SCSEP)

Program Description

The SCSEP is a program designed to assist seniors in finding jobs and provide job skill training. These programs are intended to assist older individuals maximize their independence by providing a stepping-stone to prepare an older person to gain job skills for their entry or return to work. The training is 20 hours a week and pays minimum wage.

Eligibility Information

To be eligible for these services you must:

- Be 55 years or older
- Be unemployed
- Have a household income of no more than 125% of the federal poverty level

Where to Apply

For more information contact one of the agencies listed below or the **Area Agency on Aging** nearest you (see page 7).

Apache, Coconino, Gila, Maricopa, Mohave, Navajo, Pima, Pinal, and Yavapai Counties

Arizona Department of Economic Security
1789 W Jefferson, 950A
Phoenix, AZ 85007
602-542-4446

Cochise, Pima, Pinal, and Santa Cruz Counties

Catholic Social Services
140 W Speedway
Tucson, AZ 85705
1-800-234-0344

La Paz, Maricopa, Mohave, and Yavapai Counties

AARP
5119 N 19th Ave
Suite A
Phoenix, AZ 85015
602-841-0403

Apache, Cochise, Coconino, Gila, Graham, Maricopa, Navajo, Pima, Pinal, and Yuma Counties

National Indian Council on Aging
2111 E Broadway Rd
Ste. 32
Tempe, AZ 85282
480-921-3406

Maricopa and Yuma Counties

Goodwill Industries of Central Arizona
417 N 16th St
Phoenix, AZ 85006
602-416-6149

Foster Grandparent Program

Program Description

The Foster Grandparent Program (FGP) gives you the opportunity to provide companionship and guidance to children and adults with exceptional and special needs.

Benefits:

- Stipend* of \$2.65 per hour for 20 hours of volunteer service.
- Annual physical exam (Paid for by the FG Program)
- Pre-service and in-service training

*The stipend is not subject to any tax or charge or treated as wages or compensation. The stipend will not reduce or eliminate the level of or eligibility for any assistance you may receive or be receiving under any federal, state or local governmental program.

Eligibility Information

Minimum age of 60; must meet income requirements; must be physically and mentally capable of providing individual love and attention to children and adults.

Where to Apply

For more information or to request an application, contact:

Apache/Navaho Counties	928-242-5895
Coconino County	928-523-1082
Mohave County	928-715-2200
Yavapai County	928-202-8261
Maricopa County	623-776-0203

Adult Protective Services

If you suspect or have knowledge of a situation where an older person is being neglected, abused or exploited, call DES Adult Protective Services at:

Statewide (24 Hour Adult Abuse Hotline)	1-877-767-2385
Maricopa	602-255-0996
Pima	520-881-4066
Apache and Coconino	928-213-3594
La Paz, Mohave, Yuma	928-782-9255
Gila and Pinal	928-425-3101
Cochise, Graham,	
Greenlee and Santa Cruz	928-428-7702

If you believe a vulnerable adult is in serious and immediate danger, call

9-1-1

AARP

(American Association of Retired Persons)

AARP is a nonprofit, nonpartisan membership organization that helps people 50 years of age or older have independence, choice and control in ways that are beneficial and affordable to them and society as a whole.

AARP and the AARP Foundation offer a large variety of programs in areas of health, finances, life enjoyment and advocacy related to special needs of older adults. Examples of programs that can be accessed through AARP are: grandparents raising grandchildren assistance, money management programs for low-income older adults, reverse mortgage education and senior employment programs.

AARP Arizona 866-389-5649

Online, you can visit AARP at www.AARP.org. Simply go to the "In Your State" section and click on Arizona.

Alzheimer's Association

24 Hour HELPLINE 1-800-272-3900
(Services available in many languages including Spanish)

Alzheimer's Association Desert Southwest Chapter

Prescott 928-771-9257
Phoenix 602-528-0545
Sun City 623-815-2494
Tucson 520-322-6601

Elder Care Locator

Find services for older adults and their families nationwide.

www.eldercare.gov

Foundation For Senior Living

The Foundation for Senior Living, located in Phoenix, serves the elderly, adults with disabilities, their families and caregivers. They provide many flexible, individualized, personal care programs designed to protect senior adults and those with disabilities to preserve independence and enhance their quality of life. To receive these services you must be an individual or have a family member who is 60 years of age or older or be an adult with disabilities.

Phoenix Metro 602-285-1800

Governor's Advisory Council On Aging

1700 W Washington St
Suite 2040
Phoenix, AZ 85007
602-542-4710

P.A.C.E

(Phoenix Advocacy and Counseling for the Elderly)

Provides assistance with and/or referrals for food, clothing, counseling, assistive devices, bills/insurance claims, utility assistance and legal aid. Must be a resident of Phoenix and at least 60 years of age.

City of Phoenix
200 W Washington St
17th Floor
Phoenix, AZ 85003-1611
602-262-6631

Senior Benefits Check-Up

This website will provide older adults with a list of programs and services they may be eligible to receive.

www.benefitscheckup.org/link/az211

Senior Companion

Companions devote 20 hours per week visiting clients at daycare centers for elderly, various social service agencies and direct healthcare providers. Contact one of the agencies below to find out more about becoming a Senior Companion.

Pima County SCP
Tucson
209 S Tucson Blvd,
Ste 2
Tucson, AZ 85716
Phone: (520) 323-1708 ext. 240
Fax: (520) 795-7604

SCP
Flagstaff
PO Box 5063
Flagstaff, AZ 86011
Phone: (928) 523-6584
Fax: (928) 523-9189

Senior Volunteer Programs of Northern Arizona

Flagstaff
Riles Building
#15, Rm. 305, NAU
PO Box 5063
Flagstaff, AZ 86011
Phone: (928) 523-6584
Fax: (928) 523-9189